

**Dr. Sheth Psoriasis Questionnaire - GHA**

Today's Date \_\_\_\_\_ Patient Name \_\_\_\_\_ DOB \_\_\_\_\_

Name of referring doctor : \_\_\_\_\_ Best Contact Phone number : \_\_\_\_\_

**Psoriasis HISTORY**

1. How long have you had psoriasis? \_\_\_\_\_ Did it worsen recently (when)? \_\_\_\_\_
2. What parts of the body are involved? ( Please circle )  
 Scalp Face Ears Neck Torso Arms Legs Palms Soles Buttocks Genitals Nails
3. Psoriasis causes: ( Please circle ) Itching Pain Bleeding No symptoms Other \_\_\_\_\_
4. Things that effect your psoriasis are: Please circle Sun Stress Medications Other \_\_\_\_\_
5. What is the worse thing about your psoriasis? \_\_\_\_\_
6. On a scale of 1 to 10 (1 being little effect, and 10 being severe effect on daily life) how would you rate the impact of the psoriasis on your life? \_\_\_\_\_
7. Does the psoriasis affect your occupation (is yes, how) ? \_\_\_\_\_

**MEDICATIONS**

8. What medicines are you currently using for your psoriasis? \_\_\_\_\_
9. List all other medications you are currently on? \_\_\_\_\_
10. **Please circle** all psoriasis treatments you've tried and **write in what month/year** you tried them:

<u>Dates</u>	<u>Topical Treatments</u>	<u>Dates</u>	<u>Systemic Treatments</u>	<u>Dates</u>	<u>Biologic Agents</u>
_____	← Topical Steroids (eg. Hydrocortisone, Triamcinolone, Fluocinonide, Betamethasone, Clobetasol, etc.)	_____ to _____ _____ to _____ _____ to _____ _____ to _____ _____ to _____ _____ to _____	← Soriatane (Acitretin) ← Tegison (Etrretinate) ← Cyclosporine (Neoral) ← Methotrexate ← Oxsoalolen (PUVA) ← Phototherapy ← Broadband UVB ← Narrowband UVB ← Tanning Beds ← Thioguanine ← Prednisone ← Oral or injected steroids	_____ to _____ _____ to _____ _____ to _____ _____ to _____ _____ to _____ _____ to _____ _____ to _____	← Amevive ← Raptiva ← Enbrel ← Remicade ← Humira
_____	← Steroid shots into skin	_____ to _____			
_____	← Dovonex	_____ to _____			<b><u>Study drugs:</u></b>
_____	← Tar preparations (LCD or crude tar)	_____ to _____			← IL-12 ← Adalimumab ← Tazoratene
_____	← Tazorac	_____ to _____			
_____	← Derma-Smoothe scalp oil	_____ to _____			
_____	← Tar shampoo	_____ to _____			

**TREATMENT ISSUES**

Occupation (and location of work or school) \_\_\_\_\_ Area of residence? \_\_\_\_\_

If phototherapy is recommended, how convenient is the Clifton or Kenwood office for you? (Please circle)

Very convenient      Moderately convenient      Slightly convenient      Not convenient

Patient Name \_\_\_\_\_

DOB \_\_\_\_\_

**REVIEW OF SYSTEMS**

Do you have **medication allergies** (if yes, please indicate drug name and type of reaction): \_\_\_\_\_

11. Please circle if you are currently having problems with any of the following:

- |                           |   |
|---------------------------|---|
| Fevers                    | Muscle aches                                  |
| Fatigue                   | Joint aches or swelling (which joints? _____) |
| Blurred vision            | Tingling or numbness                          |
| Difficulty swallowing     | Uncontrolled weight gain or loss              |
| Shortness of breath       | Heart/Chest pain                              |
| Stomach or bowel problems | Allergies                                     |
| Bladder problems          | Blood diseases                                |
| Leg swelling              | Swollen lymph nodes                           |

**PAST MEDICAL/SURGICAL HISTORY :**

12. Please circle if **you** specifically have a history of any of the following:

high cholesterol, liver disease, hepatitis, alcohol abuse, kidney disease, depression, tuberculosis, cancer, skin cancer, eye disease, anemia, chronic headaches, HIV infection, psoriatic arthritis

13. Please list any other medical problems or surgeries you have had or are scheduled for:

\_\_\_\_\_

14. Do you currently have any active infections? \_\_\_\_\_

15. Have you had the Hepatitis-B vaccine? \_\_\_\_\_ If yes, when? \_\_\_\_\_

16. Have you had a tuberculosis test done in the last year? \_\_\_\_\_ If yes, where? \_\_\_\_\_

17. Do you have any medication allergies? (If yes, please indicate drug name and type of reaction): \_\_\_\_\_

\_\_\_\_\_

18. Do you drink alcohol? \_\_\_\_\_ If yes, how much? \_\_\_\_\_ Do you smoke? \_\_\_\_\_ How much? \_\_\_\_\_

**FAMILY HISTORY:**

19. Please circle if there is a family history of: psoriasis, depression, multiple sclerosis, cancer, psoriatic arthritis.

20. Please list any family history of skin problems, skin cancer or melanoma: \_\_\_\_\_

\_\_\_\_\_

21. Please list any major medical problems in your immediate family: \_\_\_\_\_

22. Are you planning on having children? Please circle Yes No If yes, when \_\_\_\_\_

23. If sexually active what would be your choice of contraception? \_\_\_\_\_

\_\_\_\_\_  
Patient (or Guardian) Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Reviewed by: Pranav Sheth, M.D.

\_\_\_\_\_  
Date